



2019 CANADA WINTER GAMES ATHLETE BIOGRAPHY

NAME: JACOB BOURASSA

Age 16

Years I have participated in my sport

8 years

Hometown Regina

Club Frontier Bowmen Archery Club

Position Compound Archer

Previous games of this type I have participated in

This will be my first multi-sport games. I have participated in Archery Canada outdoor target and field nationals.

My most recent athletic accomplishments in my sport or discipline

Year	Full name of competition/event	Placing
18	Archery Canada Field Championships	2 nd
18	Sask Archery JOP Provincials	2 nd
18	Sask Archery Indoor Target Provincials	1 st
18	Sask Archery Outdoor Field Provincials	1 st
18	Sask Archery Outdoor Target Provincials	1 st
17	Sask Archery Indoor Provincial 3D Championships	1 st
17	Sask Archery JOP Provincials	1 st
17	Sask Archery Indoor Target Provincials	1 st
17	Sask Archery Outdoor Provincial 3D Championships	1 st

My goals for the games

Shoot a good score, at least my average, and from there hopefully place either 1st or 2nd. I want to use this opportunity to continue to develop my skills as I would like to attend Indoor and Outdoor Junior World Competitions in the future.

My personal best result in my event

In competition I have shot a 294/300 and in a practice session my highest is 297/300.

Awards or major accomplishments that I have received

Sask Archery Junior Male Athlete of the Year 2018
Junior Coach for Frontier's JOP Program

My personal role model

It is impossible for me to name one person here, and I would have to say all three of my archery club coaches, Mike Kupchanko, Keith Partridge and Harvey Geisbrecht. My coaches have allowed me to see what good coaches do and how good shooters carry themselves. I have learned how to be a good role model for the kids that I help coach every week.